A message from the Acting Principal...

Yesterday saw one of the most pleasant days in the school calendar when we celebrated outstanding student achievement through our Principal’s Honour Roll Morning Tea. To be eligible for an invitation to this ceremony, students need to have achieved at least five A standard results on their semester one report card. This is very difficult as it means students must excel across a range of disciplines. The difficulty increases throughout the journey through our school as our junior students study up to 10 subjects in a semester while our senior students must achieve an A in 5 out of 6 subjects. Such achievement requires enormous dedication and discipline by students to their studies.

Special mention must be made of four year 12 students who have been on the Principal’s Honour Roll every year since Year 8. Congratulations to:

Georgianna Berthaly-Martyn, Jocelyn Glencross, Rebekkah Law and Sian Mewburn

Well done to all students who made this year’s Honour Roll.
Debating

Congratulation to our Year 12 Debating Team who have defeated Brisbane Grammar School and St Joseph’s Gregory Terrace over the last two weeks. It is a tremendous effort to have defeated two exclusive private schools in a very comprehensive fashion. Good luck in the semi-finals.

School Accounts

As we are currently in the process of finalising our purchasing for the year, we ask that families with outstanding balance please contact the office to make payments or to organise a payment plan as soon as possible.

Partners in Progress

Our next Partners in Progress session is on 28 August at 9.30am in the library and focusses on supporting adolescent mental health.

Jim O’Neill | DEPUTY PRINCIPAL
P&C MEETINGS | THIRD WEDNESDAY OF EACH MONTH
6.30PM | SCHOOL RESOURCE CENTRE (LIBRARY) | ALL WELCOME
NEXT MEETING: 19 AUGUST 2015

What's On

17 August - 4 September 2015

<table>
<thead>
<tr>
<th>SEMESTER 2</th>
<th>2015</th>
<th>TERM 3</th>
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<tr>
<td><strong>Week 6</strong></td>
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<tr>
<td>Mon 17 Aug</td>
<td>Principal's Honour Roll</td>
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<td>Tues 18 Aug</td>
<td>Yamaha Training Day</td>
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<td>BYOx Information Night</td>
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<td>Wed 19 Aug - Fri 21 Aug</td>
<td>Year 11 Biology - Stradbroke Island Camp</td>
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<td>Wed 19 Aug</td>
<td>QTAC University meeting</td>
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<td>Fri 21 Aug</td>
<td>Cougars Cup - Under 15</td>
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<td><strong>Week 7</strong></td>
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<td>Tues 25 Aug</td>
<td>Junior Metro Winter Finals</td>
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<td>Wed 26 Aug</td>
<td>Senior Metro Winter Finals</td>
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<td>Year 12 QCS Workshop</td>
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<td>Thu 27 Aug</td>
<td>Yr 12 Cert</td>
<td>Early Ed &amp; Carer field trip</td>
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<td>Fri 28 Aug</td>
<td>Daffodil Day</td>
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<td>Super 7s Netball</td>
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<td>Colours of the World Workshop</td>
<td>9 - 11am</td>
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<td><strong>Week 8</strong></td>
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<tr>
<td>Mon 31 Aug</td>
<td>Excellence for Effort morning tea</td>
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<tr>
<td>Tues 1 Sep</td>
<td>QCS Tests</td>
<td>Year 12</td>
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<td></td>
<td>Yamaha Training Day</td>
<td>Skills Tech</td>
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<tr>
<td>Wed 2 Sep</td>
<td>QCS Tests</td>
<td>Year 12</td>
</tr>
</tbody>
</table>
Guidance Officer News

Year 10 SET Plan Interviews

Year 10 Senior Education and Training Plan (SET Plan) interviews are on Wednesday 26 August.

Parents/carers, please ensure you and your student are booked to have your interview on Wednesday.

This is a mandatory process that must be completed on Wednesday 26 August.

ALL information required, including the details on how to book and who to book with, are on the letter that was sent home with your student.

If there are any concerns please phone the school office for assistance. See you on Wednesday.

Scott Wishart | Guidance Officer

CUA Community Grant

$5000 up for grabs PLEASE HELP!

As a part of the Adidas School Fun Run, CUA provides $5000 to participating schools that obtain the most number of votes for their community project. Sandgate DSHS has nominated that the money be spent on positive rewards in the school. Please get behind this great opportunity and get as many people as you can to vote. There are four steps to follow:

1. Click on the link www.cuacommunitycare.com.au

2. Select Sandgate District State High School

3. Enter your email address, postcode and click terms and conditions.

4. Submit my vote.

Thank you so much for your support and I’m sure if we all encourage each other to vote, fingers crossed
students at Sandgate High will be rewarded.

Jonathan Hatch | Acting HOD Human Movements

Partners in Progress

Sandgate DSHS Community Information Sessions

Throughout semester two, Sandgate DSHS will be offering parents the opportunity to be involved in information sessions focusing on some important issues for high school students and their families. Each session will involve a presentation from a member of the Sandgate DSHS staff followed by the opportunity for some questions from the audience. The intention is to provide families with some information that will help students become more successful in the future. Attached is the schedule for next semester’s sessions. Parents can R.S.V.P. to PIP@sanddistshs.eq.edu.au to assist with organisation for the sessions.

Prior to each session, the Oval View Café will be open for business offering visitors the opportunity to purchase coffees, cold drinks and light refreshments while supporting our SEU students. For express service, please add your order to your rsvp.

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Presenter</th>
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<tbody>
<tr>
<td>14/08/15</td>
<td>Partnering With Parents to Improve Student Literacy</td>
<td>Steve Pender – HOD English</td>
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<tr>
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<td>Sue Brown – Literacy Coach</td>
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<tr>
<td>28/08/15</td>
<td>Supporting Adolescent Mental Health</td>
<td>Scott Wishart – Guidance Officer</td>
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<td>11/09/15</td>
<td>Employment Skills for the Future and the QCE Explained</td>
<td>Jim O’Neill – A/Principal</td>
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<td>9/10/15</td>
<td>Mathematics the Sandgate Way</td>
<td>Daniel Gavin – HOD Mathematics</td>
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<td>23/10/15</td>
<td>Pathways to a Trade Future</td>
<td>Judi Robinson – HOD Senior Schooling</td>
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Honour Roll Students

Congratulations to all students who have achieved the Principal’s Honour Roll for 2015. Students must achieve five or more A's on their Semester 1 Reports to be eligible for the Honour Roll. This year we have seven families who have more than one student achieving the Honour Roll. Three sets of twins and one family with three siblings have all achieved the Honour Roll. We also have four Year 12 students who have achieved the Honour Roll every year since commencing in Year 8. Students enjoyed a formal presentation in our School Performance Hall followed by a delicious morning tea with their families. Special guests included Mr Stirling Hinchliffe, Member for Sandgate, Mr Rod Harding (representing Mr Wayne Swan, Member for Lilley) and Mrs Victoria Newton, Councillor for Deagon Ward.

A wonderful achievement for all students on the 2015 Honour Roll, we hope that they enjoyed being recognised for their outstanding efforts.

Honour Roll Students 2015

<table>
<thead>
<tr>
<th>Year</th>
<th>Name</th>
<th>No of A's</th>
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<tbody>
<tr>
<td>12</td>
<td>Georgianna Berthaly-Martyn</td>
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<tr>
<td>12</td>
<td>Jasper Childs</td>
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<tr>
<td>12</td>
<td>Jocelyn Glencross</td>
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<td>12</td>
<td>Blake Hadley</td>
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<td>Page</td>
<td>Name</td>
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<tr>
<td>12</td>
<td>Jayden Hancock</td>
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<tr>
<td>12</td>
<td>Peter Jew</td>
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<tr>
<td>12</td>
<td>Rebekkah Law</td>
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<tr>
<td>12</td>
<td>Rosie McCrossin</td>
<td>5</td>
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<tr>
<td>12</td>
<td>Sian Mewburn</td>
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<tr>
<td>11</td>
<td>Joshua Davies</td>
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<td>11</td>
<td>Sebastian Flynn</td>
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<tr>
<td>10</td>
<td>Lucas Abbey</td>
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<tr>
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<td>Mika Atkinson</td>
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<td>Emily Chang</td>
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<td>Leia Kay</td>
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<td>Georgina McCallum</td>
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<td>Jemma McCrossin</td>
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<td>Wayne Cherviakov</td>
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<td>Chloe Hooklyn</td>
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<td>Gabriella Kemmetmuller</td>
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<td>Enrica Monsch</td>
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<td>Jamie Robertson</td>
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<td>Brenna Winn</td>
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<td>Mikayla Gilvear</td>
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<td>Sommer Hadley</td>
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<td>Christina Madawala</td>
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<td>Jessy Renouf</td>
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<td>Tatoi Sibona</td>
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<td>Ashlea Stiller</td>
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<td>Hasan Ullah</td>
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<td>Daniel Venzke</td>
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<td>Max Wilkes</td>
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<td>Katelyn Beresford</td>
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<td>Libby Eden</td>
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<td>Brock Egart</td>
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<td>Saryan Khanna</td>
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<td>Maria Laurel</td>
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<td>Zara Litley</td>
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<td>Tash Maiden</td>
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<td>Arkie Moyle-Virtue</td>
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<td>Harriet Ohsberg</td>
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<td>Jarvis Poppleton</td>
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<td>Ginelle Raymundo</td>
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<tr>
<td>Lucy Winton</td>
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Senior Schooling News

QCS Workshop

The final QCS Workshop for Year 12 QCS students will be held on Wednesday 26 August upstairs in K Block. The workshop will run from 8.45 am – 2.55 pm and will be presented by Mr Matthew Rigby. This will be the last opportunity for our Year 12 students to practice their skills before the QCS Test.

USI Numbers – Very Important for Years 10, 11 and 12 Students

Well done to all the students who have applied for their USI number and have given it to Samantha Churchill!

If you haven’t applied and submitted your USI number, please do so as quickly as possible. We cannot do this for you – students need to apply.

It is essential that every year 10, 11 and 12 student at Sandgate District State High School apply for a USI number and then give this number to Samantha Churchill in AG10. This MUST be done as soon as possible. Students who do not submit USI numbers cannot be given any VET qualifications.

This was made compulsory from 1 January 2015 by the Australian Government. The USI is a Unique Student Identifier (USI) and will link information about a student's VET achievements, regardless of where they studied, ensuring that VET records are not lost and make it easier for students to have access to their VET educational information. No USI = No Qualification

To apply for your USI online simply visit usi.gov.au with some form of identification such as a Drivers Licence,
Medicare card, Australian Passport, Birth Certificate or Citizenship Certificate and follow the steps. Once you have been issued with a USI number you will need to bring it in to Sam Churchill in AG10 for recording purposes.

Year 12 Students Certificate II Workplace Practices

The time is running out for Year 12 students to complete the final competency for Certificate II Workplace Practices and gain that extra QCE point. You should all have been given the necessary paperwork to take to your employer for signing. Don’t forget to return it to Sam in AG10 so we can sign you off and issue you with your certificate, providing you have supplied your USI number.

Senior School Careers Information and Opportunities

Click here to read information on available opportunities

QCS Test & Breakfast

The final countdown has begun! It is only two weeks until our Year 12 cohort undergo QCS testing with the test being held over two days, Tuesday 1 September and Wednesday 2 September, in the school Performance Hall.

Mandy Trempus, Sandgate DSHS’s school nurse will once again provide a nutritious breakfast for our Year 12 students. Breakfast will be served in the Hospitality block from 7.30am with a wide range of delicious hot and cold food to choose from.

Students need to be well prepared for the tests by having the following equipment ready: black ink pens, 2B pencils, pencil sharpener, eraser (white gum), ruler, approved calculator, protractor, drawing compass, coloured pencils, correcting fluid/tape, fluorescent marker, set square and transparent container to carry equipment.

We remind students and their families that eating healthily, drinking plenty of water and quality rest (without being interrupted by texts or phone calls during the night) will greatly improve test performance.

Good luck to all our Year 12 students!

Judi Robinson | HOD Senior Schooling & Business

Ski Trip Report

Australian Alpine Educational Tour 2015

Sandgate District State High School students travelled to the AIS, Australian War Memorial and Perisher Blue last week. This opportunity has been provided to Sandgate students for decades and the tradition continued. This year the students stayed on the snow at Smiggins Holes only 120m from the chair lifts at the glorious Snowy Gums Chalet. While on tour the students were required to

- complete worksheets on the AIS, FTEM funding and war memorial experience.
- learn and understand the alpine code,
• attend daily skiing or boarding lessons
• attend nightly reflection sessions looking at personal snowboarding or skiing data translated into graphs and tables and compare against each other
• attend navigation and exploration sessions

It was another amazing week with students travelling all over the four resorts available and they also had the opportunity for night skiing and watching fireworks while skiing. Thanks to all of the parents and the P&C support to make this tradition continue.

Jonathan Hatch | Acting HOD Human Movements
Book Happenings

Book Week (22-28 August) is nearly here! To celebrate Book Week, the Library is holding a number of events and competitions. On Tuesday, Zombster bookstore will be holding a Manga Book Fair, where students who visit the Library can browse the many new titles available and vote for the manga books they would like the Library to purchase.

The Premier’s Reading Challenge will end on Friday, so the many years 7, 8 & 9 students who are participating should be ensuring they have given their English teachers their reading list by Friday 28 August. If you need to
double-check what you have borrowed from the Library, please see Library staff and we will print you off a list of your loans during the Premier’s Reading Challenge. We know several students are well past the target of 15 books, whilst others are very close, so have a great week of reading.

Bruce Head | Teacher Librarian

Language News

Oktoberfest – for teens

It is that time of year again where the planning begins and the atmosphere in the German classes will start to become festive. We are gearing up to attend this year’s largest German festival in Brisbane.

Claim the date: Thursday October 15

Where: Brisbane Show grounds

Who: German students

Look out for the forms that students will bring home shortly. Be sure to sign them and complete payment of $23 by the due date. Registrations have been brought forward by the convenors.

Let the celebrations begin!

Simone Phillips | German Teacher
Music News

Dinner Dance

THIS WILL BE GREAT!!!!!
Please Come along and support this fabulous event. Profits go to our exciting, expanding music program! To book tickets, email lmack35@eq.edu.au or doshe5@eq.edu.au. A letter regarding this will be sent home to the Instrumental Music Families.

Raffle - $300 voucher for the Apple Store
At only $1 a ticket or six for $5, this is a raffle not to miss! We are drawing the prize at the Dinner Dance.

Come to the Performing Arts Staffroom to buy your tickets. There will be some music students selling them in the school grounds as well. Music students, if you need more raffle books to sell, come and see Miss Mackay or Mrs O’Shea.

Guitar Lessons – Free!

If you are interested in learning the guitar, a former student of the school, Spiro Mostratos, has generously offered to begin some group guitar tuition in lunch breaks. This is a great opportunity to offer our students a wider range of options and develop their skills and interests!

To register your interest, see Mrs O’Shea (or email doshe5@eq.edu.au).

Debbie O’Shea | Music Teacher

Free Dental Check-ups and Treatment

Available Now!

Regular dental check-ups and early preventive care are an important part of good oral health.

Metro North Oral Health Services are offering your child a dental check-up through the Bracken Ridge Dental Clinic or one of our school based dental facilities. They will also receive additional appointments if any treatment is needed – all free of charge!

There have been some changes to who we can now offer dental care to. The following children are eligible for our service now:

- ALL Students 4 years of age through to year 10
- Students in Years 11 and 12 who have a current Centrelink Card, Healthcare Card or Pension Card
- 2 – 3 year olds whose parents have a current Centrelink Card, Healthcare Card or Pension Card
- 2 – 17 year olds who are eligible for the Child Dental Benefits Schedule (CDBS). To check your eligibility visit the website at my.gov.au or phone 132001.

This offer of care is an opportunity to provide your child with more timely access to public dental care and we also now have the ability to offer more regular recalls for children who attend our service. So if it has been more than six months since your child’s last check-up ring us up now.

Call 1300 300 850 between 9am and 3pm Tuesday - Friday and our friendly staff will arrange an appointment for you at the Bracken Ridge Dental Clinic or one of our school-based dental facilities.

School Based Youth Health Nurse News
Body Image

During adolescence, it’s usual for young people to think a lot about how their bodies look. They also compare their bodies with others. A positive body image is an important part of healthy self-esteem, and you can help your child think and feel positively about his body.

- Your body image is how and what you think and feel about your body. It also includes the picture of your body that you have in your own mind, which might or might not match your body’s actual shape and size.
- A positive or healthy body image is feeling happy and satisfied about your body, as well as being comfortable with and accepting the way you look.
- A negative or unhealthy body image is being unhappy with the way you look. It’s often associated with wanting to change your body size or shape.
- Body image can change through your lifetime, and is strongly connected to your self-esteem and healthy lifestyle choices. When you feel good about your body, you’re more likely to have good self-esteem and mental health as well as a balanced attitude to eating and physical activity.

A healthy body image in childhood can lay the foundations for good physical and mental health later in life. Unfortunately, an unhealthy body image in childhood can have long-lasting consequences.

Boys, girls, men and women can all be affected by body image issues, but in different ways. For example, teenage girls who don’t like their bodies often want to lose weight and be thinner. Teenage boys want to lose weight, be taller or have more muscles.

Your child’s body image

Your child’s body image is influenced by many factors, such as family environment, skin colour, ability or disability, attitudes of peers, the media and advertising, and the fashion industry. Cultural background is also a factor. Cultures have different views about ideal body shapes and sizes – some are more encouraging and realistic than others.

Children as young as five or six are more likely to have concerns about their body shape if they watch music videos or look at magazines targeting an older audience.

As your child reaches puberty, fitting in and looking the same as other people becomes even more important. At the same time, her body is going through lots of changes, inside and out. This can mean your child might feel even more pressure to look and act a certain way.

Risk factors for negative body image

Some children are more likely than others to feel unhappy about their bodies. Children might be more at risk of developing an unhealthy body image if they:
- feel pressure from family, peers or media to conform to a narrow social ideal of beauty and attractiveness
- get teased about their appearance by family members or peers
- take more notice of external standards of beauty and body image – for example, images in music videos and magazines – than other children
- are perfectionists
- look at themselves from the ‘outside’ and worry about how others see them
- have low self-esteem
- experience symptoms of depression
- compare themselves with others
- have a different body shape or weight from many of their peers, or a body shape that’s obviously different from the ‘ideal’ shapes seen in the media
- are adolescents – this age group is more likely to be affected by unhealthy body image issues than younger children
- are female – adolescent girls are more likely to develop body image issues than boys, and are more likely to feel pressure to conform to ‘ideal’ body images (but many boys also feel this way)
- are overweight – young people who are overweight are more unhappy with their bodies than peers of healthy weight
- belong to a subculture, such as a friendship, sport or dance group that emphasises a certain body type
- have a physical disability.

**Effects of unhealthy body image**

Unhealthy body image is directly related to low self-esteem, leading to negative moods and mood disturbances. Young people who are feeling down are more likely to focus on the negative messages around them and make negative comparisons between their body and what they see as an ‘ideal’ body.

Low self-esteem and poor body image are risk factors for the development of risky weight loss strategies, eating disorders and mental health disorders such as depression.

**Signs to watch out for**

It’s normal for your child to be conscious of his body and want to look great and lead a healthy lifestyle. But when children focus too much on their bodies, it can lead to lots of anxiety and stress.

If you think your child is experiencing any of the following signs, start by talking with her about your concerns. If things don’t change and you’re still worried, consider talking to a health professional.

**Your child might be:**

- feeling inadequate about or criticising his body – he might say he’s ugly
- continually comparing her body with others
- not wanting to leave the house because of the way he looks
• not doing activities or trying new things because of the way she feels about her body
• obsessing about losing weight, or about specific parts of his body, such as his face or legs
• linking food with feelings of guilt, shame or blame.

What you can do

Talking about body image

Many young people feel confused or concerned about the physical changes that come with puberty.

You can help by listening to how your child is feeling about her body and its changes – active listening skills can build openness and show your child that you’re really taking notice of what she’s saying.

If your child isn’t talking or opening up to you, they might like to talk with another trusted adult. They could also contact an anonymous service, such as Kids Helpline (1800 55 1800), or access Kids Helpline web counselling or Kids Helpline email counselling services.

It’s important to let everyone in your family know that teasing about appearance is not OK. Teasing or negative comments from family members can have a negative influence on body image. Teasing at home can often lead to children bullying peers at school.

Teasing about weight – including starting rumours, cyberbullying and sharing unflattering photos – has a negative effect on body image too. You could talk to your child’s school to see if they’ve included this kind of teasing in their anti-bullying policies.

Being a positive body role model

If you’re positive about your own body, it’ll be easier for your child to be positive about her body. A positive attitude includes:

• making healthy eating and physical activity part of your everyday family life, and avoiding fad diets – this will help your child find the right balance
• appreciating your own body for what it can do, not just how it looks
• being proud of things that aren’t related to appearance, such as having a sense of humour, trying hard, being caring or being helpful – you can point out these qualities in yourself and your child
• accepting and valuing people no matter how they look, and not commenting on how people look.

Sometimes unhelpful body attitudes can show up in subtle comments and messages without us really being aware of it. For example, we might see a friend and say something like, ‘You look great – you’ve lost so much weight!’ It can be helpful to think about how comments like these add up over time and influence the way children feel about their bodies.

Watch out for dieting for weight loss. All crash diets are dangerous. They frequently lead to disordered eating.
patterns and have been shown to increase the likelihood of people becoming obese.

If your child wants to make lifestyle changes, make sure it’s for healthy reasons. Let your child know that healthy eating and physical activity aren’t just for weight loss — they’re vital for physical health, now and in the future.

**Feeling good about yourself**

Everyone wants to look and feel good about him or herself. So if you are not too happy about yourself, think about your image and how you can improve it. You can always improve without going to the lengths (and expenses) of plastic surgery!

- Are you an active person? Do you exercise every day? (Even just walking to school or around the shops is exercise.)
- Do you take care with personal hygiene?
- Is your hair neat and clean?
- Do you have clean hands and fingernails?
- Are your shoes clean and not smelly?
- Are your clothes clean?
- Do your clothes fit you or do you look like you are drowning in them or trying to escape from them?!
- Do you eat the right kind of foods?
- Do you smile at people and make positive comments?
- Are you resilient? Can you bounce back when things go wrong?
- Do you join in games, conversations and activities?
- Do you keep up with schoolwork, apart from the odd ‘slack attack’?
- Do you get enthusiastic about things?
- Do you work at having and keeping friends?
- Feeling good about yourself is something you can do something about.

If you do all of these things, you will have a healthy active life and look great at the same time.

Mandy Trempus | School Based Youth Health Nurse

**2015/2016 Entertainment Books**
Entertainment Books for Sale

Last chance to purchase an Entertainment Book!!!!

Purchase an Entertainment Book during the Month of August and you will go in the draw to win a $1000 eWish Card! So please share this with your friends and family to give them the chance to win as well as help support our cause at the same time.

Some of the great bargains in the Entertainment Book:

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<td>Belvedere Hotel, Woody Point</td>
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<tr>
<td>The Paleo Café</td>
<td>The Eator’s Hill Hotel and Function Centre</td>
<td>Complimentary 18 holes of putt putt when another is purchased at Victoria Park</td>
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<tr>
<td>Panama Jack’s, Bracken Ridge</td>
<td>The Phoenix, Bracken Ridge</td>
<td>Brisbane Lions game, Roar or Brisbane Broncos</td>
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<tr>
<td>The Outback Steakhouse, Aspley</td>
<td>The Groove Train</td>
<td>Lollipops- Playland &amp; Cafe</td>
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Entertainment books are being sold by Patricia Fong and payment can be made through our payment page on [http://www.entbook.com.au/911j933](http://www.entbook.com.au/911j933). Books can be collected from the office. For those who purchase a digital membership, an app will be sent directly to you so that it can be downloaded to your phone.

Order a book now, before they are returned at the end of August.

![Entertainment Book Ad](image)

Absentee Phone Line  3869 9802

Sandgate District State High School has established a phone line to report student absenteeism. Please phone 3869 9802 directly to advise the school that your child will absent.

You will be directed to a message bank, please leave a message ensuring you clearly state the students name.
Subscribe to our ENewsletter

We are excited to introduce you to our interactive, graphically rich, full colour, professional electronic newsletter.

To receive this service you will need a computer with internet access and email.

If you would like to receive our newsletter electronically, please use the link below to add your contact details.


This link is also available on our School Website at www.sanddistshs.eq.edu.au

Paper copies are available for collection (each fortnight) from the student foyer, for families who do not have access to the internet.

Sandgate DSHS Online Communities

In 2012, Sandgate DSHS launched into the 21st Century and set up official Facebook and Twitter accounts. Regular updates from the school calendar and messages about upcoming events are fed into the social network. Direct links to the official Sandgate High Twitter and Facebook pages can be accessed through the school's website (https://sanddistshs.eq.edu.au/). Alternatively, please click on the links below to access the portals.

Community Notices

Florence Kindergarten 60th Anniversary
Families of Florence – past and present.

Florence Kindergarten at Margate invites all past students and families to their 60th Anniversary Celebrations. An afternoon tea will be held on Saturday the 12th of September 2015 between 2-5pm.

The day will be themed, “Families of Florence”, a celebration of past and present families. There will be an official address, cake cutting, light refreshments available, displays and activities for children.

For further information or to RSVP please email florencekindy60th@gmail.com with numbers attending by Saturday the 22nd August 2015.

Boondall Swim Club
CLUB NIGHTS
WHEN: GATES OPEN 5.30pm
Swimming starts after club
chat at 6.00pm sharp
Friday Nights, Term 4 2015 & Term 1 2016

AGES:
All ages welcome. Senior swimmers support younger children in the water. They can even use a kick-

COST & REGISTRATION
BASC M’Ship Fees: $10 per swimmer*
*As part of the junior dolphins program, membership is FREE for children aged 7 yrs & under on sign on day, and half price ($5) for children 8 yrs on sign on day.
BASC Family Levy: $50 for 1 child
$80 for 2 children
$100 for 3 children
$110 for 4+ children
BSA/QSA fees: P.O.A

FOR FURTHER INFORMATION CONTACT:
Sue—0419784901
Tammie—0439854390
Kathy—0417729086
EMAIL—boondallbarracudas@hotmail.com

BOONDALL BARRACUDAS
Sign on Day
Saturday 5th & Saturday 12th September 2015
11am—2pm
Boondall State School Pool
Roscommon Rd, Boondall

Teen Vocal Classes
Love singing? Get PITCH PERFECT!
Harmony, mic & performance training.

VOCAL JAM (14-17y.o.)
Wednesdays 4:30-5:30pm

PITCH PERFECT CLUB (10-13y.o.)
Wednesdays 3:30-4:30pm

@ Sandgate Community Centre 153 Rainbow St

- Regular performances at festivals
- Registered teacher with music industry experience

$15 casual, term discounts

M: 0450122267
E: fran@tripleAmusicacademy.com

Sunday Markets at Sandgate District State High School
SUNDAY MARKETS
at Sandgate DSHS
41 Braun Street Deagon
Every Sunday 5am - 12 midday