Sandgate Students Going Places

A message from the Acting Principal...

Next Step Survey – Year 12 2014

Each year a report is commissioned into the destination of the previous year’s graduates. The information provided by the report reflects Sandgate’s success in “Expanding Horizons” for our students. Just over 36% of our Year 12 graduates went directly into a university degree with a further 8% accepted into a degree course but deferring for a year. Well over 50% of the female students who graduated last year enrolled in a university degree. In addition, over 16% of students are studying at a vocational level in certificate III, IV and diploma courses or are in apprenticeships. The number of students currently seeking employment is also significantly below youth unemployment levels for the Brisbane Metropolitan Region. These are positive figures showing that our teachers do a wonderful job in preparing students for life after school.
Japan Trip

On Saturday, 11 of our students will be leaving for Japan where they will be visiting Senri International School in Osaka. Our students will be immersing themselves in Japanese culture, visiting some of the major tourist sites of Tokyo while navigating the Tokyo subway system and having a home stay with parents from our sister school. Students will also be visiting the Hiroshima Peace Memorial where they will present paper cranes which members of our Japan Club have constructed. It will be an emotional experience for students in this, the 50th anniversary of the dropping of the atomic bomb on the city. Our best wishes go to all students going on the trip. It will be an experience you will remember your entire life.

Uniforms and Hats

As warmer weather approaches I would like to remind parents that all students in Year 7 to 11 are expected to wear a school hat when involved in any outdoor activities. Year level coordinators will be working with students to ensure that non-school hats are not being worn in the school grounds. Thank you for assisting with student sun safety.

End of Term Three

Report Cards will be emailed to families this week. Please spend some time discussing these with students, especially the behaviour and effort results and whether students are confident that they are truly being their best each and every day. Enjoy your break and we look forward to seeing all students back refreshed and ready for Term Four on Tuesday 6 October.

Jim O'Neill | DEPUTY PRINCIPAL

P&C MEETINGS | THIRD WEDNESDAY OF EACH MONTH
6.30PM | SCHOOL RESOURCE CENTRE (LIBRARY) | ALL WELCOME
NEXT MEETING: 16 SEPTEMBER 2015

What's On

15 September - 9 October 2015
### SEMESTER 2 | 2015 | TERM 3

#### Week 10

| Mon 14-18 Sep | Year 12 Block Exams |  |
| " | Years 9 &10 Maths Camp |  |
| Mon 14 Sep | Year 12 Responsible Service of Alcohol course |  |
| Tue 15-16 Sep | Year 11 Leadership Activities |  |
| **Wed 16 Sep** | **P&C Meeting | 6.30pm | School Library** |  |
| Thu 17 Sep | Year 12 Hospitality | Versace Hotel excursion |  |

**SCHOOL HOLIDAYS:** 19 September - 4 October 2015

**LABOUR DAY PUBLIC HOLIDAY:** Monday 5 October

**SCHOOL RESUMES - TUESDAY 6 OCTOBER**

#### Week 1

| Thu 8 Oct | Music Concert | 11.30am - 12.15am |  |

**CLICK HERE** TO VIEW OUR CAFE IBIS MENU

**CLICK HERE** TO VIEW OUR UNIFORM PRICE LIST/ORDER FORM

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School holidays are almost upon us

During this period empty schools provide an opportunity for criminal activity, becoming targets for unlawful entry, arson, stealing, graffiti and property damage – all of which become a cost to the community.

The School Watch Program is a partnership between Education Queensland, the Queensland Police Service and the State Government Protective Security Service. It aims to reduce criminal activity in Queensland schools and encourages everyone to look out for after-hours crime in our schools. If you see anything suspicious, please don’t attempt to intervene. Call the School Watch number – 13 17 88
Partners in Progress

Sandgate DSHS Community Information Sessions

Throughout semester two, Sandgate DSHS will be offering parents the opportunity to be involved in information sessions focusing on some important issues for high school students and their families. Each session will involve a presentation from a member of the Sandgate DSHS staff followed by the opportunity for some questions from the audience. The intention is to provide families with information that will help students become more successful in the future. Attached is the schedule for next semester’s sessions. Parents can R.S.V.P. to PIP@sanddistshs.eq.edu.au to assist with organisation for the sessions.

Prior to each session, the Oval View Café will be open for business offering visitors the opportunity to purchase coffees, cold drinks and light refreshments while supporting our SEU students. For express service, please add your order to your rsvp.

9.00am – 9:30am Oval View Cafe will be open for business
9:30am – 9:50am Presentation in Resource Centre / Library
9:50am – 10:00am Q&A Session

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Presenter</th>
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<tbody>
<tr>
<td>9/10/15</td>
<td>Mathematics the Sandgate Way</td>
<td>Daniel Gavin – HOD Mathematics</td>
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<tr>
<td>23/10/15</td>
<td>Pathways to a Trade Future</td>
<td>Judi Robinson – HOD Senior</td>
</tr>
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<td>6/11/15</td>
<td>What is School-Wide Positive Behaviour Support?</td>
<td>Shane Kiss – Deputy Principal</td>
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Safe Keeping Student Results

Please ensure all Report Cards and Naplan results are kept with your important records at home. These may be required for future reference.

Year 10 Update

Thank you to parents/carers of our Year 10s for your assistance with the SET-Plan process. We have reorganised Year 10 classes to reflect the pathways selected by students in their SET-Plan. This will allow students a smoother transition into their senior course of study. These changes will be effective from the beginning of term 4.

Neil Dargusch | Acting Deputy Principal

Senior Schooling News

QCS

On 1 and 2 September our tertiary bound students sat the Queensland Core Skills test (QCS test). After enjoying a delicious breakfast on both days (provided by our school nurse Mandy) our year 12s tackled the writing task, short response and multiple choice components with confidence and enthusiasm. Watching over them in the performance hall was our seal mascot whose presence was a reminder to the students of Mr Rigby’s strategies and advice.
Parent Information Evening

Parenting is the Toughest Job on Earth!

You want the best for your children, but you don’t have all the answers? Attending the ‘Parents Information Evening’ will fill in the gaps between study options and the services that your child can access once they leave
school. With Generation Z predicted to work longer than any previous generation, if they get it right now, they will have a long and rewarding career in-front of them….whatever they choose.

Q. **Who should attend?**

A. Any parent who would like to find out what the options are for their child when they graduate now or in the future.

Q. **Why should I attend?**

A. Making the right choice is really hard when you don’t know all the options. This information evening will bring together a range of experts in both education and support services who can assist you and your child with that decision.

Q. **What will happen on the evening?**

A. Guest speakers will be talking about a range of education and support service options that may be available for your child. After the presentations, there will be a career fair where you can chat one on one with the guest speakers.

Q. **Can I bring my son or daughter with me?**

A. Yes, we would encourage you to bring them as they may not be aware of some of the options available.

Q. **What will I find out?**

A. Below is a list of some of the things that will be discussed on the evening

* Jobactives (previously the JSA) – Assistance with finding a job, also school leavers seeking work who are aged over 18 will have an Annual Activity Requirement to undertake an approved activity for six months of each year. This activity can include either:
  - Work for the Dole
  - Accredited Training
  - Skills for Education and Employment

* Certificate 3 Guarantee – Fee Free Training in priority areas for year 12 graduates

* Apprenticeships & Traineeships – Australian Apprenticeship Support Network

* Skills for Education & Employment – Free Literacy and Numeracy and/or Vocational Training
* Gateway Services – Free Individualised screening, testing, streaming and matching services offered by the Australian Apprenticeship Support Network to assist students in finding the right career path based on their interest, skills and abilities.

* Bachelor’s Degrees, Diplomas & Certificate

Q. If I miss this event, when will there be another?
A. This will be an annual event so October 2016

Q. Where will it be held?
A. The Auditorium, Tafe Queensland Brisbane, 66 Ernest Street Brisbane
   Wednesday 28th October 5.45 for a 6pm start
   Presentations 6-7pm
   Career Fair for one on one consultations 7 - 8pm

Q. Where can I park?
A. Free Parking is available at the Merivale Street Car Park

Q. How do I RSVP
A. Email innovations.brisbane@tafe.qld.edu.au with the names of each person attending, school your child attends and a contact number. RSVP’s by COB Friday 23rd October. Thank You

CLICK HERE for Senior School Careers Information and Opportunities

Judi Robinson | HOD Senior Schooling & Business

Academic Awards Night - Wednesday 4 November

Award Applications

Applications for student awards for the 2015 Awards Night are now open. We are encouraging all students who believe they are eligible to apply for an award, and meet the criteria, to take the time to apply. There are a range of awards available, for more details please click on the link below for the Selection Criteria and Application Forms. Applications close Friday 18 September

https://sanddistshs.eq.edu.au/Ourschool/Performanceandachievements/Pages/Performanceandachievements.aspx

Note – Application Forms are also available for collection at the School Office.
Academic Awards Night Invitation

On 30 October, we will be holding our Sandgate District State High School Sports Awards dinner. All sport students and their families are welcome to attend.

Jonathan Hatch | Acting HOD Human Movements

2015 Sports Awards Dinner

On 30 October, we will be holding our Sandgate District State High School Sports Awards dinner. All sport students and their families are welcome to attend.

Jonathan Hatch | Acting HOD Human Movements
Over the last term, year seven students have been battling it out in a weekly spelling bee competition. Four heats were held where the winner and the runner up secured a place in the final which was held last Friday.

The overall winner of the Spelling Bee competition was Xander McDonald. Jarvis Poppleton was runner up and
Isobel Farmer secured third place.

The students who battled it out in the final were: Xander McDonald, Jarvis Poppleton, Sean Collins, Joshua Hogg, Aaron Brown, Hayden Mears, Isobel Farmer and Lucy Bullock.

Well done to all the participants who helped make this an exciting event with their knowledge of words and spelling. Thank you to Mr Stirling Hinchliffe – MP for Sandgate, for attending this event and for supporting our students and our school.

The Sandgate District State High School Spelling Bee is set to become an annual event!

Susan Brown  |  Literacy Lead Teacher

Pictured (L-R): Mr Stirling Hinchliffe - PM Sandgate, Isobel Farmer, Xander McDonald, Jarvis Poppleton and our SWPBS Bee mascot.
Submissions for The Premier's Anzac Prize 2016 are now open and will close on 5pm on Friday 30 October 2015. Eight eligible Queensland high school students in Years 8-11 (in 2015) and two teacher chaperones will be selected to participate in a study tour of Gallipoli and the Western Front, where they will attend commemorative services and experience the Anzac spirit first-hand. Sandgate District State High School students and teachers are encouraged to enter. For further information visit www.education.qld.gov.au/anzac-prize/
Music News

Bucket Drumming

If you don’t know about bucket drumming, check it out on YouTube! For Junior Sport, a group of us are learning bucket drumming. Well, that is what I had planned for us to do, but was trying to source buckets from food shops, collecting unwanted buckets, until we had enough….McDonald’s to the rescue! Rod Chiapello donated a set of brand new buckets and sticks so that we could get going immediately. Thank you so much Rod!!!

We are pretty good for one session!

Dinner Dance

What a fabulous night.

Thank you so much to all those who supported the event, and an extra big thanks to those who helped bring the night together, with food, drinks, decorations, music and organisation.

Thank you to our local businesses who supported the event by donating prizes. We hope that our school community, will in turn, support you!

- McDonalds Bracken Ridge
- Hair Dinkum – Deagon
- Supa IGA – Deagon
- Good Price Pharmacy – Deagon
Guitar Lessons – Free!

It isn’t too late to start. If you are interested in learning the guitar, a former student of the school, Spiro Mostratos, has generously offered to begin some group guitar tuition in lunch breaks. This is a great opportunity to offer our students a wider range of options and develop their skills and interests!

To register your interest, see Mrs O’Shea (or email doshe5@eq.edu.au).

Connection Concert

Thursday October 8 is the date for our first Connections Concert. This will be held in the Performing Arts Hall for visiting seniors, aged care residents, and day respite attendees. The concert will run from 11.30am to 12.15pm, followed by lunch which will be funded by the Local Council and state Government. The choir, some instrumentalist and dancers will perform for our visitors. Those interested in being one of the instrumental acts for the event, please add your name to the list on the music notice board.

Showcases Concert

Save the Date! October 23 is our Music Showcase Gala Concert.

Year 11 Leadership Summit

Wednesday 2 September

This morning our Year 11 Leadership students were inspired by a visit to our school from a number of very special guests. Their morning began with a presentation by two Brisbane AFL Lion players, Claye Beams and Ryan Lester. Claye and Ryan spoke about teamwork, achieving goals as a team and being a professional athlete as well as tips on how to be a good leader and role model.

Students were then privileged to attend a presentation by Rod Chiapello, Owner/Operator of McDonalds Bracken Ridge. Mr Chiapello spoke of being a Community Leader, running a successful business, what employers are looking for in an employee and the importance of Servant Leadership - serving others before yourself.

Whilst Mr Chiapello was speaking with our potential 2016 School Leaders our AFL Academy Students were enjoying their own presentation by Claye and Ryan (Brisbane Lions) who spoke to them about what it takes to be a professional athlete and being a good all-round sportsperson. The presentation also included the importance of...
dedication to achieve personal and team goals.

Thank you so much to Claye, Ryan and Rod for visiting our school and providing such inspiration to our Year 11 students and AFL Academy Students. We really enjoyed your visit and appreciate your time.

Andy Pickard | School Chaplain
Colours of the World

On Friday 28 August, Japan club, selected History classes and Japanese students, participated in the ‘Colours of the world’ experience morning. This event included two workshops and a presentation. Junko-san is a traditional Japanese dancer and gave a workshop on two traditional Japanese dances: The Sakura Sakura dance and The Butterfly Dance. The first group learnt the Sakura Sakura dance and two volunteers were selected to present the dance in the presentation with Junko-san. The second group learnt the Butterfly dance and, again, two volunteers were selected to perform in the presentation. Adrian Xavier is an Aikido teacher and he, along with his teaching assistant, spoke to the groups about using your core for a defence system. You would help the attacker lift or throw you instead of resisting because resisting takes a whole lot more energy than helping. It came to our attention that when you helped the attacker, they found it difficult to proceed. During the presentation, Adrian demonstrated Aikido with a Bow Staff and with a sword. There would have been a demonstration of sword sparring as it is also part of Aikido, but it was thought that it would be dangerous.

The students weren’t just there for a presentation about Japan; they got involved and participated in the workshops with excellent behaviour and displayed the 3 B’s as well.

Cathryn Neubaur | Japan Club Secretary
School Based Youth Health Nurse News

How Was Your Day?

Are you one of those parents who get regularly frustrated when you ask; because you’re interested, “how was your day” when you see your son or daughter? I know I am.

I suppose the problem is my own. That question is actually terrible. Far from a conversation starter, it’s uninspired, overwhelmingly open ended, and frankly, completely boring. So as an alternative, I’ve compiled a list of questions that most young people, regardless of age will answer with more than a single word or grunt. In fact,
the following questions could all be asked around the dinner table at night for the whole family.

- What was the funniest thing that happened today?
- What was the nicest thing you did for someone today?
- What challenged you today?
- Which one of your teachers/work colleagues would survive a zombie apocalypse? Why?
- If you had the chance to be the teacher tomorrow, what would you teach the class?
- Did anyone push your buttons today?
- What is your teacher’s most important rule?
- If aliens came to school and beamed up three kids, who do you wish they would take? Why?
- When did you feel most proud of yourself today?
- What rule was the hardest to follow today?
- Tell me one fact that you learnt today.
- Who made you smile today?

Most importantly, always finish with a positive

Have fun trying these out for yourself or another alternative is to get all members of your family to write four questions on separate pieces of paper, put in a bowl and round the dinner table everyone gets to pick out a question to ask the rest of the family.

Exam Stress

Everyone experiences stress at some point, but there are heaps of simple ways to minimise its impact on your life. Right now is a great time of the year to work on stress management skills and be ready for when the stress-deluge comes (exams).

Stress can be mild or intense, and it can make people feel frustrated, anxious and even hostile. Ever been grumpy because of stress? There you go. Stress can get in the way of sleep, cause headaches and change your appetite. It can also reduce your ability to concentrate and make it harder to remember course content.

ReachOut has lots of fact sheets and practical tools for beating stress. Here are a few:

All work and no play? Bad idea. Make time every week to completely forget about study and do something you enjoy, like playing sport, hanging out with friends or watching TV. Taking regular breaks and ‘me-time’ to clear your head will also help you study more productively: au.reachout.com/taking-regular-me-time

Feel like you’re not achieving what you’re capable of? Sit down and set goals at the beginning of each term. Define your goal, set sub-goals and make a plan of action. Then you’ll know what you’re aiming for and it’ll be easier to stay focused: au.reachout.com/how-to-set-goals
When you’re feeling stressed, it helps to have a proven strategy lined up to help you deal with it. It could be something like reducing the number of commitments you have, telling a close friend you’re stressed and talking through it, or even using positive self-talk strategies: au.reachout.com/building-better-coping-skills

Sometimes it might feel like stress is unbeatable, but it’s definitely manageable. For more info on keeping it in control, check out the fact sheets on http://au.reachout.com/

Good luck to all the students sitting exams and working to get assignments in. You Can Do It.

Holidays are just around the corner so take a deep breath, work hard and remember to smile.😊

Mandy Trempus | School Based Youth Health Nurse

Absentee Phone Line 3869 9802

Sandgate District State High School has established a phone line to report student absenteeism. Please phone 3869 9802 directly to advise the school that your child will absent.

You will be directed to a message bank, please leave a message ensuring you clearly state the students name, year level, reason for absence, dates absent and your relationship to the student.

Subscribe to our ENewsletter

We are excited to introduce you to our interactive, graphically rich, full colour, professional electronic newsletter.

To receive this service you will need a computer with internet access and email.

If you would like to receive our newsletter electronically, please use the link below to add your contact details.


This link is also available on our School Website at www.sanddistshs.eq.edu.au

Paper copies are available for collection (each fortnight) from the student foyer, for families who do not have access to the internet.

Sandgate DSHS Online Communities

In 2012, Sandgate DSHS launched into the 21st Century and set up official Facebook and Twitter accounts. Regular updates from the school calendar and messages about upcoming events are fed into the social network. Direct links to the official Sandgate High Twitter and Facebook pages can be accessed through the
school's website (https://sanddistshs.eq.edu.au/). Alternatively, please click on the links below to access the portals.

Community Notices

Brisbane City Council School Holiday Activities
FREE and low cost school holiday activities for fun and fitness

Fish wise

2 Bent Rods takes the tangles out of fishing. Learn the basics of shore based fishing. Learn knot tying, bait gathering, baiting hooks, rod casting and pick up some fishing tips.

When: Saturday 3rd October, 10:30am-1:30pm
Where: Nudgee Beach, Fortitude Street. Meet by the ramp leading to the beach.
Cost: FREE

Bookings required. For more information please contact Sam on 0403 713 820.

Standup paddling

Participants will be taught the basic skills for Windsurfing, from theory to sailing on the water. All equipment provided. All participants must be able to swim unaided and be of reasonable health.

When: Saturday 26th September, 7-8am
Where: Sandgate Beach, 170 Flinders Parade. Meet by the Surf Connect van parked on the road.
Cost: $5.00

Bookings required. For more information please contact Paul on (07) 3137 0500.

Anti-Poverty Week Walk
Bulldogs Soccer Club Sign-on
Brighton Bulldogs
Annual Gala Day

Saturday 10 October 2015, 3.30pm - 9.00pm
Wakefield Park, Wickham Street, Brighton

3.30pm  Canteen open – food and drinks available
4.00pm  Dignitaries welcomed & Club trophies presented
4.15pm  Rides Commence
7.00pm  Fireworks Spectacular

★ Food, drinks, lollies, snow cones and glow products available for sale.
★ Bar and Coffee Van available.
★ Attractions including Train Castle, Rock Climbing, Speed Racer, Giant Chairs. Rides passes for $25.00 on the day, individual tickets $5.00 per ride.
★ Inflatable Football Field provided by Brisbane Roar.
★ Face painting, Wacky Mirrors, Skill Zone, and Lucky Strike – all the fun of the fair.
★ A Cent Auction will be held with great family prizes including activities vouchers, toys, pamper packs and much more.
★ Bring your picnic blanket and camp chairs.
★ Fireworks sponsored by Deagon Ward through the Lord Majors Suburban Initiative Fund.

Strategix Training Opportunity
Become a Teacher Aide
Commencing Term 4 @ Coopers Plains & Loganholme
Cert 3 in Education Support (Teacher Aide)

2 days/week in class - school hours
Plus 100 hours work experience

$50 or $20 concession (conditions apply)

FREE training for 2014 Year 12 school leavers

Other courses also available:
- Community Services Work
- Disability
- Aged Care
- Childcare

The Certificate 3 Guarantee Program is a QLD Government Initiative

P: 3207 9950
W: www.strategix.com.au

Sunday Markets at Sandgate District State High School

SUNDAY MARKETS
at Sandgate DSHS
41 Braun Street Deagon
Every Sunday 5am - 12 midday